

PE Curriculum

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 1/2	Outdoor Games (Brilliant Ball skills) Fitness (Mighty Movers)	Gymnastics (Groovy Gymnastics) Fitness (Skip to the Beat)	Outdoor Games (Multi skills) Fitness (Fitness Frenzy)	Dance Fitness (Gymfit Circuits)	Outdoor Games (Throwing and Catching) Fitness (Cool Core)	Athletics Fitness (Bootcamp)
Year 3/4	Outdoor Games (Brilliant Ball skills) Fitness (Mighty Movers)	Gymnastics (Groovy Gymnastics) Fitness (Skip to the Beat)	Outdoor Games (Multi skills) Fitness (Fitness Frenzy)	Dance (African Dance) Fitness (Gymfit Circuits)	Outdoor Games (Throwing and Catching) Fitness (Cool Core)	Athletics Fitness (Bootcamp)
Year 5/6	Outdoor Games (Invaders) Fitness (Boxercise)	Gymnastics (Groovy Gymnastics) Fitness (Step to the Beat)	Outdoor Games (Nimble Nets) Fitness (Fitness Frenzy)	Dance (Dynamic Dance) Fitness (Gymfit Circuits)	Outdoor Games (Striking and Fielding) Fitness (Cool Core)	Athletics (Young Olympians) Fitness (Bootcamp)